



# Sample Schedule

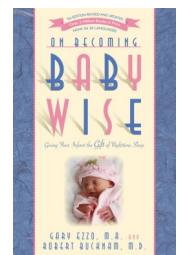
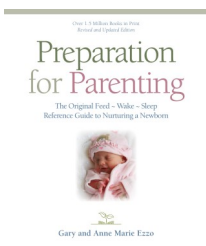
## WEEKS 16-24

*After Merge Four*

### Feeding

### Activities

- 1. Morning**  
7:00 am  
\_\_\_\_\_ am  
\_\_\_\_\_ am  
Feeding  
Waketime  
Down for nap
- 2. Late Morning**  
\_\_\_\_\_ am  
\_\_\_\_\_ am  
\_\_\_\_\_ am  
Feeding  
Waketime  
Down for nap
- 3. Early Afternoon**  
\_\_\_\_\_ pm  
\_\_\_\_\_ pm  
\_\_\_\_\_ pm  
Feeding  
Waketime  
Down for nap
- 4. Late Afternoon**  
\_\_\_\_\_ pm  
\_\_\_\_\_ pm  
\_\_\_\_\_ pm  
Feeding  
Waketime  
Down for nap
- 5. Mid-Evening**  
\_\_\_\_\_ pm  
8:00-8:30 pm  
Early evening Waketime  
Liquid Feed, down for night\*  
\*Possible 11pm 'Dream Feed'



GrowingFamilies.*Life*

Reaching the Nations One Family at a Time