



Sample Schedule

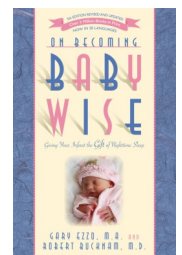
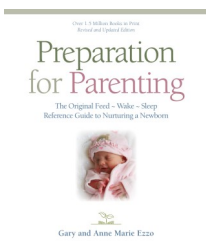
WEEKS 7-10

After Merge Two

Feeding

Activities

- | | |
|----------------------------------|---|
| 1. Early Morning 6:30-7:00am | Feeding, diaper change and hygiene care Waketime Down for nap |
| 2. Mid-Morning 9:30am | Feeding, diaper change and hygiene care Waketime Down for nap |
| 3. Afternoon 12:30pm | Feeding, diaper change and hygiene care Waketime Down for nap |
| 4. Mid-Afternoon 3:30pm | Feeding, diaper change and hygiene care Waketime Down for nap |
| 5. Late Afternoon 5:30-6:00pm | Feeding, diaper change and hygiene care Waketime Down for nap |
| 6. Early Evening 8:00-8:30pm | Feeding, diaper change Waketime Down for nap |
| 7. Late Evening 10:30-11:00pm | Feeding and diaper change Down for night |



GrowingFamilies.*Life*

Reaching the Nations One Family at a Time