

# Preparation for Parenting

## Who Will Do What?

Take the time to work through your expectations before baby is born.

<b>Mom</b>	<b>Household Responsibilities</b>	<b>Dad</b>
	Wash Laundry	
	Fold Laundry	
	Put away Laundry	
	Ironing	
	Dry Cleaning drop-off/pickup	
	Put away Groceries	
	Prepare Breakfast	
	Prepare Lunch	
	Prepare Dinner	
	Wash Dishes	
	Load Dishwasher	
	General Home Care	
	Clean Bathrooms	
	Vacuum	
	Dust	
	Make Bed	
	Change Bed Linen	
	Water Plants	
	Take out Trash/Recycling	
	Feed Pet	
	Clean-up after Pet	
	Walk Dog	
	Yard Work	
	Collect Mail	
	Pay the Bills	
	Banking	
	Vehicle Maintenance/Service	
	Other _____	
	Other _____	

<b>Mom</b>	<b>Baby-Care Responsibilities</b>	<b>Dad</b>
<input type="checkbox"/>	Send Baby Announcements	<input type="checkbox"/>
<input type="checkbox"/>	Write Thank-you Notes	<input type="checkbox"/>
<input type="checkbox"/>	Feed Baby (if Bottle Fed)	<input type="checkbox"/>
<input type="checkbox"/>	Get Baby at Night for Feeding	<input type="checkbox"/>
<input type="checkbox"/>	Bathe Baby	<input type="checkbox"/>
<input type="checkbox"/>	Comfort Baby at Fussy Times	<input type="checkbox"/>
<input type="checkbox"/>	Care for other Children	<input type="checkbox"/>
<input type="checkbox"/>	Other _____	<input type="checkbox"/>
<input type="checkbox"/>	Other _____	<input type="checkbox"/>