# Visit 13 – Correction and a "Healthy Lawn" Perspective – Homework

There is a direct relationship between doing the homework and success in applying the principles. You will need more than just a casual understanding of what you are about to learn. You may be asked to share some of your insights and discussions of the following questions.

- 1. PTOL Manual Read Chapter 13, 'Correction and a "Healthy Lawn" Perspective' and Appendix A.
- 2. Revisit how your Couch time is going from Visit Two.
- 3. What are your children's "God-Names?" Start making a list of those identifiable traits that are beginning to emerge in your children, reflecting their principle strength of character. This is a good Couch Time discussion. Consider sharing their God Names with them.
- 4. Take the Influences and Identity Test on page 25 / 212 of your workbook. Consider what changes you may need to make to be the primary influences within your family.
- 5. Read Proverbs 14 and note the continual contrast between the wise man and the fool. Evaluate are your children more prone to imitate the way of the wise or the fool. Are they being influenced more by the culture of life or death.

Questions for Review

- 1. How do you define Correction?
- 2. List the six childhood transitions.
  - a.
  - b.
  - c.
  - d.
  - e.
  - f.
- 3. In your own words explain what the authors mean by "Creating empathy through Service?"
- 4. What does interdependent family identity create?
- 5. What is a "God-Name?"

# Visit 14 - Instruction Leading to Healthy Obedience - Homework

There is a direct relationship between doing the homework and success in applying the principles. You will need more than just a casual understanding of what you are about to learn. You may be asked to share some of your insights and discussions of the following questions.

- 1. PTOL Manual Read Chapter 14, 'Instruction Leading to Healthy Obedience.'
- 2. Introduce 'folding of the hands' with your children to help them gain self-control.
- 3. Review the structure and routine of your family. Discuss if you are too rigid or too flexible or is there sufficient predictability that your children can count on. Adjust your family schedule accordingly.
- 4. If the practice of a 'date night' with each child is not happening in your home, we encourage you to schedule those on your calendar. Be creative and then share with the class some of the ideas you came up with and how your children responded. If obtaining a babysitter is difficult, consider having an earlier bed time (30 minutes) for the other children providing them quiet book time, while the child on the "date" stays up 30 minutes later than usual. This gives you a 60-minute "at home date" with that child, playing a game, making a craft or, if the child is old enough, doing something special that the child chooses.
- 5. When you give instructions this week follow the Principles of Instruction and be prepared next week to share how this has helped with obedience.
  - a. Take the time this week and make a game out of your child coming the first time he is called with a "Yes Dad/Mum." Be prepared to share with the class the results.
  - b. Introduce the five minute warning and be prepared to share next week how this helped with your or your child's frustration.

### Questions for Review

- 1. What tool can you use to teach self-control and what does it do?
- 2. What are five benefits of Structure & routine?
  - a.
  - b.
  - c.
  - d.
  - e.
- 3. What are the Principles of Obedience?
  - a.
  - b.
  - c.
  - d.

### Visit 15 – Parenting Outside the Funnel– Homework

There is a direct relationship between doing the homework and success in applying the principles. You will need more than just a casual understanding of what you are about to learn. You may be asked to share some of your insights and discussions of the following questions.

- 1. PTOL Manual Read Chapter 15, 'Parenting Outside the Funnel.'
- 2. If you think that your children are addicted to choice, do the breakfast (or another appropriate choice) test this week?
- 3. If you are parenting outside the funnel commence the three step process to pull your child back into the funnel.
  - a. Make a list of the freedom areas that are problematic.
  - b. Sit with your children and explain what you used to allow and how that is going to change.
  - c. Stick with it and persevere.
- 4. Please bring your children aged 7 and over next week for the presentation.

#### Questions for Review

- 1. Explain in your own words what it means to "Parent Outside the Funnel."
- 2. What does it mean to be "wise in your own eyes?"

- 3. Explain what "addicted to choice" means.
- 4. How does the way we speak to our children or allow them to speak to us influence patterns of behaviour?

### Visit 16 – How to Raise a Responsible Child – Homework

There is a direct relationship between doing the homework and success in applying the principles. You will need more than just a casual understanding of what you are about to learn. You may be asked to share some of your insights and discussions of the following questions.

- 1. PTOL Manual Read Chapter 16, 'How to Raise a Responsible Child.'
- 2. Evaluate what "monkeys" you own that should be transferred to your children. What is their capacity and ability?
- 3. Work on transferring to your children the "monkeys" they are ready to own.
- 4. Introduce the phrase "Do you have the Freedom..." this week and be prepared to share the results.

Questions for Review

1. How long do we, as parents, own our children's behaviours?

2. What should the goal be by the time your child reaches adolescence?

3. Explain the term "monkeys love to jump," and what phrase should we use to stop this?

4. What is reflective sit time?

# Visit 17 – The Correction Side of Training – Homework

There is a direct relationship between doing the homework and success in applying the principles. You will need more than just a casual understanding of what you are about to learn. You may be asked to share some of your insights and discussions of the following questions.

- 1. PTOL Manual Read Chapter 17, 'The Correction Side of Training' and Chapter 18, 'The Discipline Flow Chart.'
- 2. Take time to learn the Discipline Flow Chart so that you can respond appropriately. Consider printing it out and keep it in a handy place to refer to often. Eventually it will become a habit ingrained in your mind.
- 3. Remember that properly training and disciplining your children takes time. It is time well spent as you invest in your children's lives. A gentle reminder, the best use of teaching and training (including using the video segments) will take place during periods of non-conflict.
- 4. Teach the process of forgiveness using the red footsteps.
- 5. Read Appendix B & C

### Questions for Review

- **1.** Briefly describe the four characteristics that define an obedient response?' a.
  - b.
  - c.
  - d.
- 2. What is active and passive disobedience?

### 3. Briefly describe the four laws of Correction?

- a.
- b.
- c.
- d.